

Learn to Row with the Treasure Coast Junior Rowing Team



Why Join?

- Get in the best shape of your life
- Make great friends and row on the beautiful St. Lucie River
- Varsity letter sport
- Earn a college scholarship
- Learn what it takes to become a Champion

Bronze Medalist U17 Men's 4+ USRowing National Championship
5X Florida State Champions **9X SE USRowing Regional Champions**

SUMMER ROWING CAMPS

Who: 8 - 18 years of age

Location: 771 SW 28th Street Palm City, FL. (Next to Leighton park)

Time: Arrive at 7:55 am, 8 am - 10:30 am



Camp Dates: The camp allows any combination of the following weeks.

Week 1: Tues 6/15 - Fri 6/18 and Sat 6/19

Week 2: M 6/21 - F 6/25

Week 3: M 6/28 - F 7/2

Week 4: M 7/12 - F 7/16

Week 5: M 7/19 - F 7/23

Week 6: M 7/26 - F 7/30

Camp Pricing:

1 week: \$150

2 weeks: \$285 (5% off)

3 weeks: \$423 (6% off)

4 weeks: \$558 (7% off)

5 weeks: \$690 (8% off)

6 weeks: \$819 (9% off)

For all camp information and to register visit www.treasurecoastrowingclub.com/summer-programs

FALL & SPRING ROWING SEASONS

Practice Schedule	U15 (Under 15)	U17 (Under 17)	U19 (Under 19)
Fall Season (Aug - Dec)	MWF 4:30 - 7 pm	M, T, Th, F 3:45/4 - 6:30 pm Sat 7:30 - 10:30 am	M, T, Th, F 3:45/4 - 6:30 pm Sat 7:30 - 10:30 am
Spring Season (Jan - May)	MWF 4:30 - 7 Sat 8 - 11 am	M - F 3:45/4 - 6:30 pm Sat 7:30 - 10:30 am	M - F 3:45/4 - 6:30 pm Sat 7:30 - 10:30 am

Open Recruitment during Fall/Spring seasons - 3 free practice sessions FREE - just email tcyouthrowing@gmail.com to find out when you can try it out.

For more information visit www.treasurecoastrowingclub.com

Stefanie Falkner, Director and Head Coach

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